



Cheshire East Safeguarding Adults Board

Safeguarding Adults Review about Bella



The Cheshire East Safeguarding Adults Board includes people from: - Cheshire East Council, Police, Health, Probation, Fire Service and many other organisations that help keep people safe.



The Board work together to make sure adults with care needs are kept safe from abuse and neglect.



In September 2024 Cheshire East Safeguarding Adults Board (CESAB) ordered a **Safeguarding Adults Review** about Bella.

A **Safeguarding Adults Reviews (SAR)** is carried out by the Board where an adult has died or has been badly hurt from abuse or neglect. The reviews look at how well people and organisations worked together to protect the adult.



This is an easy read summary of the report from the Safeguarding Adults Review.

This Report has some **information** about a young woman getting **seriously hurt**.

About Bella:



Bella is aged 26.

Bella likes art, keeping fit and looking after her dogs.

Bella likes her teddy bear called Chester.



Bella is autistic, has epilepsy and a brain injury.

Bella also struggles with her mental health.



Bella lives in supportive living accommodation and has carers that support her every day.



A lot of other partners also help Bella such as the doctor, the council, the mental health service, housing and local hospitals.



In January 2024 Bella's carers and family were worried about Bella's depression and mental health.



On January 27th, 2024, Bella was feeling very sad and was seen upset on the train tracks at a railway station. Sadly, Bella was hit by a train.



Bella was seriously hurt and needed to stay in hospital for a long time. She is at home now but is still getting better.

What we learnt from the Bella Review –



Staff need to listen to people and ask questions to find out what is important to people.



Staff need to understand how to help people that are autistic.



All agencies need to work together when they tell a person they can leave hospital. This includes managing **risks**.

Risks mean something that might harm or danger a person.



Staff need to make sure they write clear records.

Managers need to check that records are up to date with the right information.



Staff need to think about how some people might need more support due to their **complex needs**.

Complex needs are when a person has many different needs such as disability and mental health. They might need a high level of support and need help from different services.



Staff need to know how different laws like the **mental capacity act** can help people.

Mental Capacity Act is about making sure that people have the support they need to make as many decisions as possible.



Staff need to learn from safeguarding adult reviews. These reviews should happen quickly to make sure that services are better in the future.

What happens now?



The Cheshire East Safeguarding Adults Board will make sure the learning from Bella's review is shared with all partners that keep people safe.

The Board will check with partners that they have made changes from the safeguarding adults review learning.



The report will be available on the Board's website

www.stopadultabuse.org.uk

Who helped with this report?



The Board thank Bella and her mum for sharing their experiences. This will help agencies learn and make things better.



Easy Read summary of the Safeguarding Adults Review of Bella

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www.stopadultabuse.org.uk

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